

# BOOST YOUR CREATIVE CAPACITY

## *through coaching*

As we face increasingly complex problems with no simple solutions, we need leaders that can develop and practice intentional innovation. This guided coaching process will help you to build your creative capacity for an individual or team role. Sessions will be adapted for each client's needs and goals.

### ■ WHAT IS YOUR CURRENT CREATIVE CAPACITY?

In sessions 1 and 2, we will assess your current mindset towards creativity and barriers that may be inhibiting the creative process.

### ■ WHAT IS YOUR UNIQUE CREATIVE CONTRIBUTION?

In sessions 3 and 4, we will explore your creative personality type, and identify habits and practices that can help you boost your creative capacity.

### ■ HOW CAN YOU FACILITATE INNOVATION?

In sessions 5, 6, and 7, we will experiment with strategies for supporting innovation in your specific context. Specific design thinking principles and resources will be provided to client.

### ■ SO WHAT, NOW WHAT?

In session 8, we will evaluate progress and identify next steps for continued growth.

*Please contact [bethany@theleadershipcoachinglab.com](mailto:bethany@theleadershipcoachinglab.com) for rates and scheduling.*

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